# The Petrylaw Lawsuits Settlements and Injury Settlement Report

### **BACK INJURIES**

How Minnesota Juries Decide the Value of Pain and Suffering in Back Injury Cases

The Petrylaw Lawsuits Settlements and Injury Settlement Report provides facts and estimated ranges of value for specific Minnesota personal injuries. Often in personal injury cases, many body parts are injured. As a result, the verdicts, settlements and case histories that you often hear discussed on the evening news, in the newspaper or among your friends do not help you determine the value of *your* injury when *you* have injured only one body part.

Often, in cases involving back injuries arising from slip/trip and fall trauma, car accident trauma or construction accidents, the victim also has other injuries. These frequently include neck injuries and pelvic fractures. Thus, it is very important that you keep in mind that if you have suffered a traumatic injury to more than one part of your body, you should use the information in **The Petrylaw Lawsuits Settlements and Injury Settlement Report** as only a starting point. The value of your case could be much less or much more than the amounts discussed in **The Petrylaw Lawsuits Settlements and Injury Settlement Report**.

A typical Minnesota personal injury lawsuit is based upon a claim of negligence where you contend that someone else is responsible for causing your injuries. In this type of case, as the Plaintiff (or the person suing someone else) you bear the burden of proving the following elements:

- 1. **Duty** you must prove that the Defendant (the party you are suing) had a duty to do something specific (examples maintain a proper lookout when driving a car, obeying the posted speed limit, removing snow and ice within a reasonable period of time following the conclusion of a storm, or inspecting a the floor in the produce section of a grocery store);
- 2. **Breach** you must prove that the Defendant failed to perform the duty (examples a driver texting on a cell phone instead of watching where he is driving, traveling at an excessive rate of speed, or allowing snow and ice to accumulate on a sidewalk well after a storm has ended);
- 3. **Cause** you must prove that the Defendant's failure to perform the duty was the proximate cause of your injury. This means that you have to

convince a jury that, for example, a driver's failure to maintain a safe distance between his or her car and yours caused their car to crash into you car and caused you to suffer an injury. There can also be superseding causes or things that happen after someone else breaches a duty that either causes an injury or makes the injury more severe than it would have been if the event that happened after the breach of duty had not occurred (example – your car gets hit broadside by a car that runs a red light. After the collision, a well meaning person sees that you are trapped in your car and tries to remove you from you car. In the process, he grabs you and pulls you out of the car causing your injuries to become more severe).

4. **Damages** – you must prove that you have been damaged as a result of the Defendant's conduct. Damages may include pain and suffering, lost wages, damage to property, and other special damages. You must prove your damages with certainty and not based upon speculation or what might happen. (Example – if you seek to prove that you are going to need future medical treatment, your doctor(s) will need to state that to a reasonable degree of medical certainty you will need specific medical treatment in the future and that the treatment will cost a certain amount).

While you are trying to prove these elements at trial, the Defendant(s) may raise the following defenses. Be assured that defendants have raised these defenses time and time again with great success in either limiting or denying plaintiffs' injury claims:

- 1. Many trauma victims alleging back injuries have suffered spinal injuries in the past or have degenerative chronic conditions.
- 2. It's been shown scientifically that many people over 40 years of age have herniated discs, even without knowing about them.
- 3. Many car accidents that cause significant back injuries involve little or no damage to the car raising doubts in the minds of juries as to causation.

Please keep in mind that the values discussed in this report are for **Minnesota Injury Cases** only. We tried to focus this report as much as possible on cases where there are not significant injuries in addition to the back injury. The dollar amounts can be much higher when an injured person also incurs significant lost wages, significant medical expense payments and other so-called special or out of pocket damages or there are significant injuries to other parts of the body.

Rick Petry will gladly meet with you to discuss and evaluate your injury case at no cost or obligation. Please call Rick at 612.339.4295 or 612.387.7229 for a free legal consultation. Enjoy the Report!

Estimated values for Minnesota Back Injury Cases based on the circumstances described:

### Nominal Range of Value for Minnesota Back Injuries: \$0 to \$75,000

Pain and suffering in a back injury case could be in the \$0 to \$75,000 range when any or all of the following factors are present: disc bulges only (no herniations); no surgery; a significant pre-existing back injury; excellent recovery; no likely future pain or disability; and trial in an area where juries are conservative.

conservative.					
[PICTURE]					
Actual Case: \$ 0					
Actual Case: \$50,000					
Actual Case: \$					
Low Range of Value for Minnesota Back Injuries: \$100,000 to \$400,000					
Pain and suffering in a back injury case could be in the \$100,000 to \$400,000 range when any or all of the following factors are present: clear disc herniations (not just bulges); surgery such as a diskectomy or laminectomy; no significant pre-existing back injury; there is only a fair recovery; there is likely future pain or disability; and trial in an area where juries are about average in their awards.					
Actual Case: \$100,000					
Actual Case: \$300,000					
<b>Actual Case:</b> \$360,000					
Mid Range of Value for Minnesota Back Injuries: \$400,000 to \$900,000					
Pain and suffering in a back injury case could be in the \$400,000 to \$900,000					

range when any or all of the following factors are present: clear disc herniations that impinge on spinal nerves; the plaintiff is under the age of 40 and was physically active; fusion surgery or multiple level diskectomies or laminectomies; no pre-existing back injury at all; poor recovery with significant future pain or disability; and trial in an area where juries are liberal in their awards.

<b>Actual Case:</b> \$650,000	
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High	Range	of	Value	for	Minnesota	Back	Injuries:	\$1,000,000	to
\$10.0	00.000						-		

Pain and suffering in a back injury case may be in the \$1,000,000 or more range when there has been fusion surgery with continuing and permanent pain and disability following surgery; when there is a total inability to return to work or any recreational activity; when plaintiff requires daily prescribed narcotic pain medication; when additional surgery may be needed; and when trial is in an area where juries are liberal in their awards.

Actual Case: \$1,500,000	<u> </u>
Actual Case: \$4,000,000	
Actual Case: \$6,500,000 -	

**Actual Case:** \$850,000 - \_\_\_\_\_\_

## Picture of Spine In-Situ

Cervical Spine 7 bones and 8 Nerves Much mobility with low forces

Thoracic Spine
12 bones
12 Nerves
Little motion and
not a common region
for problems

Lumbar Spine
5 bones and
5 Nerves
High forces and
medium mobility.
Most common region
for problems due to
high forces on discs.

Rectum - patients often complain of rectal burning pain when they also complainof coccyx pain This is a cross section of the spinal cord. This is a healthly spine with normal disc height. The spinal cord has normal appearance without any impingement on the cord.

Note the angulation of the joints of the spine. The cervical region allows very high mobility with multiple motion angles of the spine and has joints angulated at all planes. But, the thoracic spine has joints that mostly allows rotational motion. The Lumbar spine has mainly forward and posteriorly motion, but minimal rotational motion.

Sacrum
5 bones that fuse during childhood.
Rarely a source of nerve impingment

Coccyx
3 bones that are
often fused. Spinal nerves
are branched off prior to this area

#### **Definitions**

**Spine** – The backbone or vertebral column, composed of vertebrae separated by intervertebral disks and bound together by ligaments.

**Vertebrae** – One of the bony segments of the spinal column. There are 33: 7 cervical (neck), 12 thoracic, 5 lumbar (back), 5 sacral and 4 coccygeal. Each consists of a body, or centrum. An arch of bone, the neural arch, arises from the body to enclose a cavity, the vertebral canal, through which the spinal cord passes.

**Cervical Vertebrae** – The upper seven vertebrae that form the skeleton of the neck, located above the thoracic vertebrae. They are referred to as C-1, C-2, C-3, C-4, C-5, C-6 and C-7.

**Ligament** – A cord, band or sheet of fibrous connective tissue, linking two or more bones or other structures together. They usually impart stability and prevent excessive motion in certain directions.

**Degenerative Disk Disease** – A condition in which the intervertebral disk loses its normal structural integrity as a result of wear and tear, repeated injuries, or aging. Secondary effects may be disk space narrowing and formation of osteophytes.

**Disk** – A circular or rounded flat plate commonly used to refer to the intervertebral disk, which is composed of a nucleus pulposis and an annular fibrosis. It is like a soft, rubbery pad between the hard vertebral bones. Nucleus Pulposis: The central, semi-elastic, spongy zone of the intervertebral disk. Annulus Fibrosus: The outer concentric layers of the fibrous tissue in the intervertebral disks.

**Herniated Disk (also called ruptured or slipped disk)** – A pathologic condition in which the nucleus pulposis of an intervertebral disk has protruded through the surrounding fibrocartilage or annulus fibrosis.

**Bulging Disk** – When the displaced material causes a discrete bulge in the annulus, but no material escapes through the annular fibers.

**Spinal Stenosis** - A narrowing of the spinal cord canal which causes cord or spinal nerve compression.

**Spinal Fusion** - A surgical process by which two or more vertebrae are fused together with bone grafts and internal devices such as metal rods to heal into a single solid bone. The surgery eliminates motion between vertebrae segments, which may be desirable when motion is the cause of significant pain.

**Discectomy** – An excision of all or part of an intervertebral disc often done to decompress a nerve root.

**Laminectomy** – Surgical removal of the posterior bony arches of one or more vertebrae in order to expose the neural elements in the spinal cord.

**Radiculopathy** – An abnormality of a spinal nerve secondary to irritation of the root causing sensory changes such as tingling, numbness and weakness.

**Paraplegia** – An impairment in motor and/or sensory function of the lower extremities.

**Quadriplegia** – Paralysis that affects the arms as well as the lower extremities.

### Please call or e-mail Rick Petry for a free legal consultation!

I am a personal injury attorney – lawyer at the law firm <u>Mansfield, Tanick & Cohen, P.A.</u> in Minneapolis, Minnesota. If you have suffered a back injury, you're invited to call or e-mail me to discuss your injury case. I will ask questions about your injury and treatment and help you determine the value of your claim.

Call me at 612.339.4295 or 612.387.7229 or e-mail me at <a href="mailto:rpetry@mansfieldtanick.com">rpetry@mansfieldtanick.com</a>.

I am fully committed to helping you receive fair and just compensation for your injury.

Sincerely,

Ríck L. Petry, Esq.